

St. Anna's Monthly Schedule

October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Beware of passionate attachments to the world. Although they deceive you with peace and comfort, they are so fleeting that you do not notice how you are deprived of them, and in their place come sorrow, longing, despondency, and no comfort whatsoever. (Saint Leo of Optina, Spiritual Counsels of the Holy Elders of Optina, p. 81) Seek and you will find. Seek God: such is the unalterable rule for all spiritual advancement. Nothing comes without effort. The help of God is always ready and always near, but is only given to those who seek and work, and only to those seekers who, after putting all their own powers to the test, then cry out with all their heart: Lord, help us. So long as you hold on to even a little hope of achieving something by your own powers, the Lord does not interfere. It is as though He says: "You hope to succeed by yourself-Very well, go on trying! But however long you try you will achieve nothing." May the Lord give you a contrite spirit, a humble and a contrite heart. Bishop Theophan, The Art of Prayer, p. 133</p>						<p style="color: red; font-size: 2em; font-weight: bold;">1</p> <p>6:00 PM Vespers with Life of Saint</p>
<p style="color: red; font-size: 2em; font-weight: bold;">2</p> <p>7:30 AM Matins: 9:30 am Divine Liturgy.</p>	<p style="color: red; font-size: 2em; font-weight: bold;">3</p>	<p style="color: red; font-size: 2em; font-weight: bold;">4</p>	<p style="color: red; font-size: 2em; font-weight: bold;">5</p>	<p style="color: red; font-size: 2em; font-weight: bold;">6</p>	<p style="color: red; font-size: 2em; font-weight: bold;">7</p>	<p style="color: red; font-size: 2em; font-weight: bold;">8</p> <p>6:00 PM Vespers with Life of Saint</p>
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Fr. John & Presbytera Victoria - vacation</div>						
<p style="color: red; font-size: 2em; font-weight: bold;">9</p> <p>7:30 AM Matins: 9:30 am Divine Liturgy.</p>	<p style="color: red; font-size: 2em; font-weight: bold;">10</p>	<p style="color: red; font-size: 2em; font-weight: bold;">11</p>	<p style="color: red; font-size: 2em; font-weight: bold;">12</p>	<p style="color: red; font-size: 2em; font-weight: bold;">13</p>	<p style="color: red; font-size: 2em; font-weight: bold;">14</p>	<p style="color: red; font-size: 2em; font-weight: bold;">15</p> <p>6:00 PM Vespers with Life of Saint</p>
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Fr. John & Presbytera Victoria - vacation</div>						
<p style="color: red; font-size: 2em; font-weight: bold;">16</p> <p>7:30 AM Matins: 9:30 am Divine Liturgy.</p>	<p style="color: red; font-size: 2em; font-weight: bold;">17</p>	<p style="color: red; font-size: 2em; font-weight: bold;">18</p>	<p style="color: red; font-size: 2em; font-weight: bold;">19</p>	<p style="color: red; font-size: 2em; font-weight: bold;">20</p>	<p style="color: red; font-size: 2em; font-weight: bold;">21</p>	<p style="color: red; font-size: 2em; font-weight: bold;">22</p> <p>6:00 PM Vespers with Life of Saint</p>
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Fr. John & Presbytera Victoria - vacation</div>						
<p style="color: red; font-size: 2em; font-weight: bold;">23</p> <p>7:30 AM Matins: 9:30 am Divine Liturgy.</p>	<p style="color: red; font-size: 2em; font-weight: bold;">24</p>	<p style="color: red; font-size: 2em; font-weight: bold;">25</p>	<p style="color: red; font-size: 2em; font-weight: bold;">26</p> <p>7:00 PM Canon Ss. Joachim & Anna</p>	<p style="color: red; font-size: 2em; font-weight: bold;">27</p>	<p style="color: red; font-size: 2em; font-weight: bold;">28</p>	<p style="color: red; font-size: 2em; font-weight: bold;">29</p> <p>6:00 PM Vespers with Life of Saint</p>
<p style="color: red; font-size: 2em; font-weight: bold;">30</p> <p>7:30 AM Matins: 9:30 am Divine Liturgy.</p>	<p style="color: red; font-size: 2em; font-weight: bold;">31</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <p>7:00 PM Great Vespers with Liti: St. John of Kronstadt</p> </div>	<p>Abba Poemen used to say, "A man will be always tripped up by that thing which he will not cut off from himself." Abba Alonius used to say, "Unless a man saith in his heart, 'Only God and myself exist in this world,' he will not find rest." (The Paradise of the Holy Fathers, Vol. II, p. 13) Do not take on any kind of prayer vows and prayer rules without the approval of your spiritual father, with whose advice one prostration will bring more benefit than a thousand performed from self-will. Believe this without a doubt. (Saint Anthony of Optina, Living Without Hypocrisy, Spiritual Counsels of the Holy Elders of Optina, p. 66)</p>				